

# Chronic Conditions Seminar Series

- providing chronic conditions support in the ACT -

## Agenda 2011

Venue: SHOUT

Address: Building 1, Pearce Community Centre, Collett Place, Pearce  
Free parking

Time: 7pm to 8.30pm

Month	Subject	Speaker	Organization
17 February	Pain management	Randolph Sparks, Psychologist - Capital Rehabilitation and Pain Management Centre	Arthritis ACT
17 March	Dealing with depression	Kathy Griffiths - Centre for Mental Health Research, ANU	RSI
21 April	Finding the services you need	Virginia Rasheed	ACT Health CFS - Backup
19 May	Alternative Therapies: Yoga, Chiropractic, Osteopathy	Jason Barritt (Chiro) A Sarasvati R. N. (Yoga) Noel Cauchi (Osteopath)	RSI
16 June	Medicines	Tony Lamb, Pharmacist	CFS
21 July	Dental Care	ACT Health	Arthritis ACT
18 August	Finances and Budgeting	CARE	Epilepsy
15 September	Centrelink		AIRA
20 October	Dealing with Grief, Loss and change	Marion Swetenham	MS
17 November	Meditation and Relaxation		Lupus