

March 26  
**Purple Day**  
for epilepsy A.C.T.



# RESOURCE PACK

FOR EARLY CHILDHOOD LEARNING

epilepsy  
ACT

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Purple Day is a grassroots effort dedicated to increasing awareness about epilepsy worldwide. On 26 March each year, people from around the globe are asked to wear purple and spread the word about epilepsy.

There are loads of great activities you can do with the children to help celebrate Purple day. Here are just a few. There are also some great websites, which we have listed at the end of this pack, where you can get inspired.



## Make a purple pasta necklace

### Materials Required

- Penne pasta noodles or whatever type that will thread easily
- Red and blue food colouring
- String

### Directions

1. Pour about 5 drops of red food dye and 5 drops of blue food dye into half a cup of water in a container such as a plastic take away tub.
2. Then place one cup of pasta into the dyed water. After only a few minutes remove the pasta and place it onto absorbent paper to allow it to dry.
3. Ensure the pasta does not become too wet when placed into the water as it will be difficult to use later if this happens. Once on the paper place the pasta in a warm spot and leave it to dry completely.
4. When pasta is fully dry it is ready to thread onto pieces of string.



### Extension:

Once the pasta has dried and children have threaded it onto string, you may wish to spread the pasta lightly with glue and roll it in purple glitter to make the new jewellery even more impressive.

## Purple binoculars



Turn the children's world purple by giving the children some purple cellophane.

Using recycled cardboard cylinders or boxes and elastic/rubber bands have them make a pair of binoculars or glasses so they can see the world through a purple haze.

For detailed instructions on making binoculars see - <http://www.auntannie.com/FridayFun/Binoculars/>

Photo: <http://www.auntannie.com/FridayFun/Binoculars/>

## FUN WITH PAINT!

### Purple hand print art

There are loads of great activities you can do involving paint and hand prints! Here are just a few;

**Purple Flower:** Use as many hand prints as you like in a circular pattern. When the paint has dried create flowers by adding a stem, leaves a centre dot and even some bees or insects.

**Purple Peacock:** Create an arch of handprints in different shades of purple. When the paint has dried cut out the body and glue it to the centre of the handprints. Add a beak, eyes and any other decoration you like.

**Purple Monsters:** Turn handprints into fun monsters by adding faces. Get creative and give the monsters some character.



### Purple Grapes

Spread some purple paint onto a paper plate. Then get busy stamping a toilet roll into the paint and then onto paper creating a pattern that resembles a bunch of grapes. Finish off with a green stalk. For more instructions and other purple ideas see: <http://lovetolaughandlearn.com/learning-activities-for-the-color-purple/>



Image: lovetolaughandlearn.com

### Shaving Cream Finger Paint

Materials Required

- 1 medium zip lock bag
- White shaving cream
- Red and blue food colouring

Place a palm size dollop of shaving cream into the zip lock bag; add a few drops of blue and red food colouring.

Zip up the bag, removing all the air you can before sealing.

The children can "knead" the bag to mix the colours - red and blue make purple!

## FUN WITH PAPER PLATES!

Paper plates make a great and cheap platform for art. Here are just a few ideas:

**Purple fish:** Paint your paper plate purple and wait for it to dry. Then cut out a triangle for the mouth and use the triangle as a tail for your fish by sticking it to the opposite end of the plate. Get the children to decorate their fish with an eye, gills and scales.



**Purple crown:** Paint your paper plate purple and wait for it to dry. Fold the plate in half and mark out the triangles for cutting. Cut along the lines and unfold the plate. Decorate your crown with paint, pencils, glitter and stars. Fold the triangles up and huzzah, you have a fantastic purple crown. For step by step instructions see:

<http://meaningfulmama.com/2013/12/paper-plate-crown-awana-cubbies-bear-hug-craft-10.html>



**Purple Masks:** Using paper plates and the template at the end of this resource pack cut out and decorate purple masks to wear on purple day. Get creative using feathers, glitter, streamers and crape paper to create a unique and fun mask.

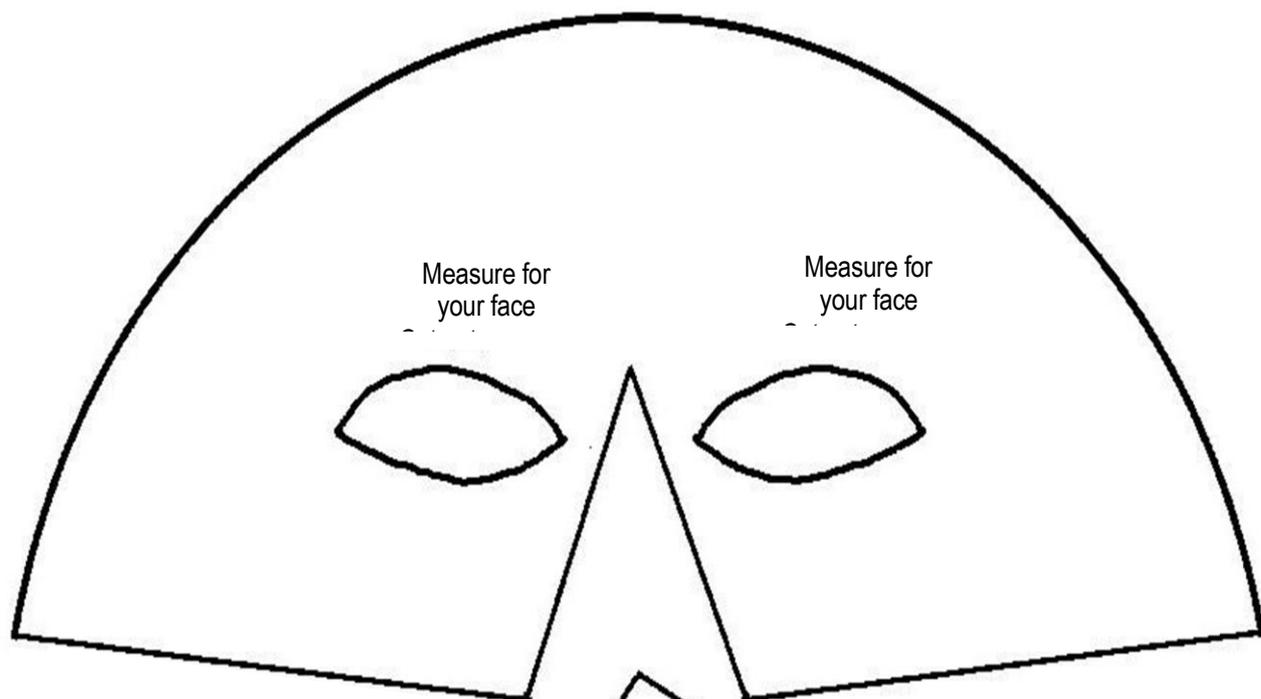


### Other Purple Ideas:

- Purple paper chains using crape paper to decorate the room
- Make purple play dough – <http://www.thecraftycrow.net/2012/09/homemade-playdough-recipe.html>
- Purple suds can be made with some detergent and a few drops of red and blue food colouring. Use straws to blow bubbles then place paper on top to create purple bubble art.
- Make a purple pinwheel



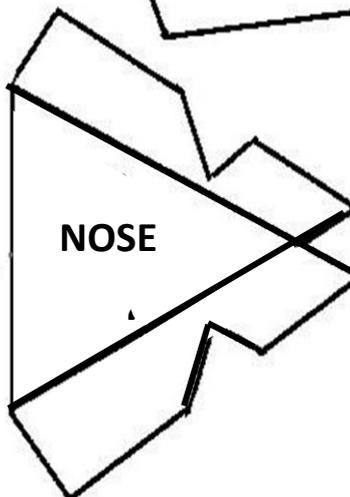
## PURPLE PAPER PLATE MASKS



### Paper Plate Masks

This mask and nose is made from one paper plate.

Use purple felt tip pens, pencils and crayons to decorate. Highlight with purple glitter, glue and



Fold and glue sides of nose to inside of triangle.  
Fold centre of

Check out these websites for more great purple ideas:

[http://www.preschoolexpress.com/theme\\_station07/purple\\_apr07.shtml](http://www.preschoolexpress.com/theme_station07/purple_apr07.shtml)

<http://stepbystepcc.com/colors/purple.html>

<http://lovetolaughandlearn.com/learning-activities-for-the-color-purple/>

<http://www.preschool-plan-it.com/preschool-colors-theme.html>

<http://www.familythemedays.ca/Themes/Purple.htm>

