

SEIZURE

FIRST AID



1.
TIME the seizure
2.
PROTECT from injury
3.
ROLL onto side if unconscious
SUPPORT head if seated
REDIRECT if confused
4.
REASSURE and re-orientate
STAY with the person

DO NOT restrain

DO NOT put anything in mouth

DO NOT give any food or drink until recovered

**CALL AN
AMBULANCE**

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or 112 for mobile phones

- As per management plan
- Seizure longer than 5 minutes
- Second seizure follows
- Seizure occurs in water
- Person is eating or drinking
- Person's first seizure