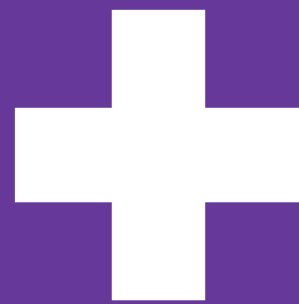


SEIZURE

FIRST AID

IN A CHAIR



If someone starts to have a seizure while confined in a wheelchair, seated on a bus, train or tram or strapped in a pram, stroller or car seat:

DO:

- Protect the person by preventing them from falling if there is no seat belt
- Make sure the wheelchair or the stroller is secure
- Protect the person by supporting their head – *something soft under the head will help if there is no moulded headrest*
- Check whether you need to move any hard objects that might hurt arms and legs in particular
- Reassure the person and tell them what has happened – *consciousness usually returns within a few minutes*
- When the seizure has finished, check the person's airway is clear. Remove the person from the chair at the end of the seizure only if it is safe to do so.

DO NOT:

- Try to stop the seizure
- Put anything in the person's mouth
- Try to remove the person from their position during the seizure – in most cases, the seat provides some support

Call an ambulance 000 / 112 if:

- The seizure activity last for 5 or more minutes or a second seizure quickly follows
- Consciousness doesn't return within 5 minutes of the seizure ending
- The person is injured
- It is the person's first seizure
- You are in doubt